

Rothesay Yacht Club Adult Sail Application 2010

Classes are held Tuesdays
6:00 pm to 9:00 pm (starting June 27th)

Adult Learn to Sail - \$215 (incl. HST)
(8 weeks duration)

Name: _____

Address: _____

City, Town: _____

Postal Code: _____

E-mail: _____

Telephone: _____

Date of Birth: _____

Sailing Experience: _____

Level Attained: _____

Telephone; Home: _____

Work: _____

Other Emergency: _____

Name: _____

Telephone: _____

Family Physician: _____

Telephone: _____

Medicare #: _____

Medical History: _____

Allergies: _____

Swimming ability based on the student's ability
to swim 50 meters and tread water for 5 minutes.

Weak _____

Adequate _____

Strong _____

How did you learn about our Learn to Sail
Program? _____

Please Make Cheque Payable to:

Rothesay Yacht Club

Mail to: RYC Learn to Sail
8 Wharf Rd.,
Rothesay NB E2E 5X1

Are you interested in Wednesday Night Dinghy
Races? Yes No

or e-mail to:
headinstructor@rothesayyachtclub.com

** Note : All refunds subject to \$30 processing fee. No refunds allowed after 14 days in advance of registered course without medical certificate!*

I am fully knowledgeable of the risks of sailing. As a condition of enrolling in the Rothesay Yacht Club Adult Learn to Sail Program I voluntarily accept the risk of participation in the Sailing School and its related activities and agree to waive any claims for damages or injuries as a result of participating in the program. I agree to abide by the rules and regulations of the Rothesay Yacht Club.

_____ (signature) _____ (date)

Any questions about the program? Please email headinstructor@rothesayyachtclub.com or call 84-7245 (SAIL)

Adult Learn to Sail

at the

Rothesay Yacht Club

www.rothesayyachtclub.com

Learn to sail on the beautiful Kennebecasis River. Our program is designed to introduce you to the world of sailboats, wind and water.

This course is ideal for beginners or for those who wish to improve their sailing skills and is taught by qualified CYA instructors.

You will train on the popular Club 420 dinghy. The course teaches the principles of boat handling necessary to provide confidence on a sail boat.

If you would like to join our program then please fill in the form attached or e-mail headinstructor@rothesayyachtclub.com

Course Notes

Most of the instruction is on the water along with some classroom time. The boats are supplied.

Participants are required to bring their own MOT (Ministry of Transport) approved PFD (personal floatation device) and are asked to wear non-marking, soft soled shoes. Foul weather gear, sun screen and a hat are recommended.

We follow the Canadian Yachting Association 'Learn to Sail Program', which provides safe, standardized instruction to Canadians sailing dinghies for recreation and competition.

White Sail Level I

This level introduces the beginner to sailing. It covers safety, seamanship, rigging and basic boat handling under instruction and direction in light winds.

White Sail Level II

Terminology is introduced to the beginner at this level together with more seamanship and boat handling skills under instruction and direction in light winds.

White Sail Level III

White Sail Level III is a comprehensive level which covers the minimum knowledge and skills a sailor requires to sail safely and competently without supervision in winds of 8-15 km/hr.



Bronze Sail Level IV

This level introduces the sailor to sail trim and basic boat tuning. It also covers safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr (10-15 mph).



Bronze Sail Level V

Spinnaker use, boat maintenance, trapezing and sail theory are covered in this level together with advanced boat handling skills in winds of 15-25 km/hr (10-15 mph).

**Private lessons are also available.
For details, please inquire.**

