

Rothesay Yacht Club

Learn to Sail 2021



COVID-19 Operational Plan

Rothesay Yacht Club Sailing School 2021 Operational Plan

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Overview of 2021 Sailing School Program

The Rothesay Yacht Club Program will look different this year to the COVID-19 pandemic, but we are excited to get our young sailors back on the water after missing last season. New Brunswick is unique and has been incredibly lucky over the last 18 months compared to other provinces in the country, in its case numbers and ability to flatten the curve every time we had an increase in the province. As such, the summer is looking incredible positive for the sailing school in terms of being able to operate in yellow phase with the safety protocols in place. Being on track to have the majority of New Brunswickers vaccinated with at least one dose by the end of June, and a smaller percentage with their second dose, government officials will have started mapping our road back to green, which could be as early as July. The management of RYC will continue to monitor the situation and adjust the operational as required.

This document outlines the changes required to safely run the RYC Learn to Sail program in accordance with the Government of New Brunswick Public Health Measures and Guidelines while also taking into consideration Sail Canada's Return to Sailing COVID-19 Public Health and Safety Measures.

Sailing School Enrolment, Program and Staffing Adjustments

RYC is a distinctive camp and as such will see reduced numbers of sailors permitted to register for each session. A maximum of 24 sailors will be allowed to register per week and registrations will be in two-week blocks. With 3 full-time instructors, this will provide the proper ratio of sailors to instructors and will also allow for more management and oversight of required safety protocols. Registered sailors must meet all COVID-19 pre-screening criteria in terms of health, travel, and exposure.

The Learn to Sail program this year will be less of a 'day camp' atmosphere and will be much more structured with daily schedules and more time on the water learning sailing techniques. Our fleet to sailor ratio will allow for maximum sailing time, complemented with on-land learning.

Prevention Measures

The following prevention measures will be in place as long as required by Public Health Guidelines. Throughout the season, as the situation in the province is monitored, measures may be added, adjusted, loosened, or eliminated if the guidelines allow it. Staff and sailing families will be advised immediately of any changes.

Awareness and Education of Staff and Sailors

- All staff will be trained on all new processes and procedures prior to the sailing school opening. Staff will also be trained, once again, on the symptoms of COVID-19.
- Signage will be put up around and within the sailing school facility to remind staff and sailors of the new processes to be followed including proper hand washing, physical distancing and self-monitoring for symptoms.
- New sailors will be given an orientation on their first day to ensure they understand the expectations of them.
- Parents of sailors will be provided a copy of the operational plan as well as the expectations of their children while at the sailing school and the repercussions should the protocols not be followed.

Facility and Property Management

- Pick up and drop off: Parents will be required to drop off their child at the drop off location and not come onto the sailing school property. A staff will greet each student; ask the required screening questions about the sailor, take the sailor's temperature, and record it.
- Similarly, parents will not be able to come onto the sailing school property to pick up their child. If for some reason a parent must come on to the property, they will be required to wear a face mask and physically distance themselves.
- Only staff, sailors and specific sailing school administration personnel will be permitted into the sailing school building itself during the day.
- Food and Water: Sailors will bring their own food and water each day, except on BBQ or pizza day.

Physical Distancing Processes

- On land, sailors will be reminded to stay 6 feet apart as much as possible. When not possible they will be required to wear face coverage/mask/bandana. Sailors will be spaced appropriately while in the school building.
- On the water, there will be one or two sailors per Opti, one in the Lasers and two to three sailors permitted in the double handed dinghies.
- Sailors will be put into sailing bubbles for the duration of their two-week block. It is not recommended by Sail Canada that sailors wear masks while sailing.
- Instructors will be responsible to monitor and remind sailors to keep physical distance from each other and there will also be regular adult oversight to ensure the rules are being followed.
- In the event of bad weather making sailing not possible, on land lessons will be conducted with sailors in their bubbles and distanced.

Cleaning & Disinfection Procedure

Sailing School Building

- Daily cleaning of the sailing school will be done including all high touch and high traffic areas like office, washrooms, doorknobs, hose handles, etc. This will be done in the morning before sailors arrive and again at the end of the day
- Cleaning checklists will be followed and initialed by the staff.
- Proper EPA cleaners and disinfectants will be used when cleaning and disinfecting the sailing school unless unable to obtain, in which case we will follow GNB's recommended protocols.
- Each instructor will have access to hand sanitizer whenever access to washrooms for washing hands is not possible.
- During cleaning, staff will be required to wear masks and gloves that will be disposed of at the end of the day.
- Hand sanitizer will be available in key areas.

Sailing Specific Processes

Boat & Equipment Assignment

- Boats and sailing gear will be assigned each week to specific sailors and they will be responsible for it for the duration of the program.
- Each sailor will be responsible to clean and maintain their own gear. If sailors need assistance from each other to rig or de-rig, fold sails, etc., they must stay at a 6 foot distance. If not possible, they are required to wear face covering/mask/bandana and wash their hands thoroughly after.

Detection Measures

Pre-Screening Process

All sailors will be asked the pre-screening COVID-19 questionnaire on the first day of their program, which includes whether the sailor is exhibiting any of the symptoms including shortness of breath, cough, fever, runny nose, sore throat, and headache, and any additional symptoms introduced by Public Health. Pre-screening questions will also include whether the sailor or anyone in their immediate family or bubble has travelled within Canada or internationally in the last 14. Days or has had any contact with someone who has had COVID-19.

Screening Process

Each morning, parents will be greeted at their car by a staff member who will ask the required screening questions about the sailor, take the sailor's temperature, and record

it. All staff will be required to self-monitor for the above symptoms as well and record their temperature each morning.

A binder tracking all sailors, staff and administrative personnel will be kept on site in the event of a suspected related illness.

Response Measures

Process if illness suspected

Should a sailor develop symptoms during the day, they will be given a disposable face mask to wear and the staff interacting with them will wear one as well. They will immediately be separated from their bubble, and their parents will be contacted to come pick them up. The parents will be responsible for monitoring their symptoms and following the Public Health Guidelines in place at that time.

Process if confirmed case of COVID-19

- The sailing school program will be immediately shut down.
- All sailors families will be notified immediately to pick up their children and to watch for symptoms.
- We will immediately contact Public Health and follow any/all recommendations from Health NB at that time.
- We will send out notification by email to all sailing school families that attended at the same time as that individual, while respecting their privacy, and ask for them to confirm receipt. For families who do not confirm we will follow up by phone.

Additional Information

Oversight of the Sailing School Program

As the Rothesay Yacht Club Learn to Sail program has historically been staffed with young adults, under these circumstances, our General Manager and Director of the Learn to Sail program will provide daily oversight and ensure proper guidelines and protocols are being followed and will assist the staff in enforcing them.